

FIRST HOLY COMMUNION EXAM

Name: _____

Date _____

1. Who is God? **God is the Creator of Heaven and earth, and of all things.**
2. Does God see us? **God sees us and watches over us.**
3. Why did God make you? **God made me to know Him, love Him, and serve Him in this world, to be happy with Him forever in Heaven.**
4. What must we do to save our souls? **To save our souls we must worship God by faith, hope, and charity; that is, we must believe in Him, hope in Him, and love Him with all our heart.**
5. What is adoration? **Adoration is the special kind of honor and reverence that is owed to God alone.**
6. What is a Sanctifying Grace? **Sanctifying Grace is that grace which makes the soul holy and pleasing to God.**
7. Name the Sacraments. **Baptism, Confirmation, Holy Eucharist, Confession, Holy Matrimony, Holy Orders, Anointing of the Sick.**
8. What is Holy Eucharist? **The Holy Eucharist is the Sacrament which contains the Body and Blood, Soul and Divinity of Our Lord Jesus Christ under the appearances of Bread and Wine.**
9. How do we know that the Eucharist is really Jesus even though it looks like bread and wine? **We know that Eucharist is really Jesus because Jesus told us that It is really Him, and because His Church tells us that the Eucharist is really Jesus.**
10. Where are we told in Sacred Scripture that the Eucharist is really Jesus? **We are told that the Eucharist is really Jesus in Matthew 26:26; Mark 14:22; Luke 22:19; John Chapter 6; and 1 Corinthians 11:24.**

11. When did Jesus give us the Holy Eucharist? **Jesus gave us the Holy Eucharist at the Last Supper, the night before He died.**
12. When did Christ give His priests the power to change bread and wine into His Body and Blood? **Christ gave His priests the power to change bread and wine into His Body and Blood when He said to the Apostles, “Do this in memory of Me.”**
13. What is the “matter” of the Sacrament of the Holy Eucharist? **The matter of the Sacrament of the Holy Eucharist is bread and wine, usually mixed with a little water.**
14. What is the “form” of the Sacrament of the Holy Eucharist? **The form of the Sacrament of the Holy Eucharist is “this is My Body...this is My Blood”.**
15. How often must I receive Holy Communion? **I must receive Holy Communion at least once a year, usually during the Easter Season.**
16. What effect does Holy Communion have in my soul? **Holy Communion unites me in a special way to Jesus Christ, increases Sanctifying Grace, strengthens charity, removes venial sins, and helps fight temptation to sin.**
17. How do I prepare to receive Holy Communion? **I prepare to receive both in my body and in my soul. In my soul I prepare by making sure I have no mortal sin on my conscience, and by prayer before, during, and after Mass. In my body, I prepare by fasting from ordinary food and drink (except water and medicine) for one hour before I receive Holy Communion.**
18. When are the bread and wine turned into the Body and Blood of Christ? **The bread and wine are turned into the Body and Blood of Jesus at the Consecration in the Mass.**
19. What changes during the Consecration in the Mass? **The substance (the reality) of the bread and the wine change into the Body and Blood of Jesus.**
20. What does not change during the Consecration in the Mass? **The accidents (the things that I can sense) do not change during the Mass.**
21. What is the Mass? **The Mass is the Sacrifice of the Body and Blood of Christ offered in an unbloody manner.**

- 22. What is a Sacrifice? A sacrifice is a gift offered to God in adoration, by someone chosen by God who represents the people, in which the gift is destroyed or changed in some way in recognition of His Supreme Power and goodness.**
- 23. What is a Priest? A Priest is a man chosen by God to offer sacrifice. There is no sacrifice without a Priest, and no Priest without a sacrifice.**
- 24. Who is the Principal Priest at the Mass? The Principal Priest at the Mass is Jesus Christ.**
- 25. Who is the Victim at the Mass? The Victim at the Mass is Jesus Christ.**
- 26. What kind of worship is due to the Eucharist? The worship due to the Eucharist, either inside Mass or outside of it, is the adoration due to God alone.**
- 27. How often must I go to Mass? I must go to Mass every Sunday and Holy Day of Obligation, but it is good to go more often, even every day.**